

TNL 7th Grade Girls Mid-Group

Purpose

WORSHIP

9-16-08

Challenge Check: Did you read Proverbs 31 on your own this week? What did you learn?

Object: To understand that worship is not just about singing but is a mindset of giving glory to God.

Yes or Nope:

- My relationship with God is one of the strongest relationships in my life
 - I feel God is close when I worship Him
 - I believe singing is a big part of worship
- I just sing worship songs because I am supposed to
 - I don't understand why we worship God
- There are more ways to worship than just singing or playing guitar
 - It is hard to worship someone I have never seen
 - I don't really have a relationship with God

Diggin' In

1. What does the word worship mean? Giving honor and glory to God
 - ~ What does that mean? To give high respect, adoration, thanksgiving, praise
 - ~ How do we give that to God? Why do we give that to God?
2. Who is someone you know really well? How did you get to know them so well?
3. Read James 4:8 8Come near to God and he will come near to you.
 - ~ How do we come near to God, what does that mean? Seeking him, reading the Bible, praying, spending time
 - ~ What does that have to do with worshipping God?
 - ~ Is worship something you only do on the weekends? When should you worship?
4. Read Psalm 9:1-2 I will praise you, O LORD, with all my heart; I will tell of all your wonders. 2 I will be glad and rejoice in you; I will sing praise to your name, O Most High.
 - ~ What are the four things that the Psalmist says they will do?
 - ~ Do you think this is worship?
 - ~ Does it mention singing? Yes. What else does it say we should do to worship God?
 - ~ What is praise— what would you do to praise God? What are some ways you can tell of His wonders? What does it mean to be glad and rejoice in God? How can we sing praise to God?
5. Read Psalm 95:1-7 1 Come, let us sing for joy to the LORD; let us shout aloud to the Rock of our salvation. 2 Let us come before him with thanksgiving and extol him with music and song. 3 For the LORD is the great God, the great King above all gods. 4 In his hand are the depths of the earth, and the mountain peaks belong to him. 5 The sea is his, for he made it, and his hands formed the dry land. 6 Come, let us bow down in worship, let us kneel before the LORD our Maker; 7 for he is our God and we are the people of his pasture, the flock under his care.
 - ~ Is God worthy and deserving of worship? What do these verses say we should worship God for? As a group make a list.
 - ~ What are things in your life that you should worship God for? Add these to your list.
6. What are you going to do besides continuing to sing to God, to worship Him? Have everyone answer at least one thing they are going to start doing. Prayer, reading, journaling, painting, etc.

Challenge: This week practice worshipping God in the different ways we talked about today. Start doing the thing you talked about in question 6 and come back next week with an update.