

SALT RETREAT DETAILS

REMINDERS

- Meet at the Junior High Room at 3:15pm on Friday, May 3
- We will stop for In N Out (and a few other options) on our way up. **Bring money!**
- We will be sleeping in large homes with many rooms and showers
- We will return to North Coast Church by 1pm on Sunday, May 5
- Extra spending money is optional. May be needed for shopping in downtown Big Bear or extra money the Alpine Slides (first two rides are paid for)
- **Emergency Contact: Call Gordy (760-644-7295) or Kate (via text) (760-580-4356)**

PACKING LIST (Medium sized bag with name labeled on it)

- o Bedding is provided, but sleeping bags would guarantee warmth.
- o Pillows are provided too, but if you have a favorite pillow, or like to sleep with two, then bring one.
- o Bible, pen, and journal
- o SALT Binder
- o Bath towel and wash cloth
- o General toiletries
 - o Soap, shampoo and deodorant
 - o Toothbrush and toothpaste
- o Chapstick
- o Clothing for 3 days (check the weather beforehand)
- o Clean socks and underwear/garments
- o Shirts, shorts, pants, and sweatshirts
- o Appropriate sleeping attire
- o Shoes (at least one close-toed pair)
- o Medication if needed
- o Extra spending money
- o Cell phones are allowed

DO NOT BRING

Electronic gaming devices, iPads, weapons, paintball guns or airsoft guns, vape pens, etc